

Sport Sciences for Health and Performance



Présentation

[Consulter la page du Master 1 Sport Sciences for Health and Performance sur le site de l'Université Paris-Saclay](#)

[Consulter la page du Master 2 Sport Sciences for Health and Performance sur le site de l'Université Paris-Saclay](#)

Lieu d'apprentissage principal : Université d'Evry-Val-d'Essonne

Programme

Moyenne générale

Semestre 1

- Multidisciplinary approach to human movement and performance	18 ECTS
- Neuroscience and Psychology	4 ECTS
- Biomechanics of human movement	6 ECTS
- Physiology of sports and exercise I	8 ECTS
- Materials and Methods in Human Movement Sciences 1	8 ECTS
- Materials and Methods in Human Movement Sciences I	8 ECTS
- Research and professional interaction	4 ECTS
- Research and professional interaction	4 ECTS

Semestre 2

- Multidisciplinary approach to human movement performance 2	6 ECTS
- Physiology of sports and exercise II	6 ECTS
- Sport performance internship	18 ECTS
- Sport performance internship	18 ECTS
- Materials and Methods in Human Movement Sciences 2	6 ECTS
- Materials and Methods in Human Movement Sciences II	6 ECTS

Semestre 1

- Multidisciplinary approach to human movement and performance	28 ECTS
- Physiologie of sports and exercise	14 ECTS
- Neuroscience and Psychology	4 ECTS
- Research and professional interaction	4 ECTS
- Biomechanics of human movement	6 ECTS

Semestre 2

- Sport performance internship	18 ECTS
- Sport performance internship	18 ECTS
- Materials and Methods in Human Movement Sciences	14 ECTS

- Methods in Human Movement Sciences	6 ECTS
- Material in Human Movement Sciences	8 ECTS

Moyenne générale

Semestre 3

- Athlete health and training for optimisation of sport perfor	23 ECTS
- Sports training and optimisation	15 ECTS
- Athlete health	8 ECTS
- Project development	7 ECTS
- Project development	7 ECTS

Semestre 4

- Materials and methods in human movement science	4 ECTS
- Materials and methods in human movement science	4 ECTS
- Sport performance internship	26 ECTS
- Sport performance internship	26 ECTS

Semestre 3

- Project development	7 ECTS
- Personalized Professionnal Project	2 ECTS
- Conception of innovation Project	5 ECTS
- Athlete Health and Training for optimisation of sport perfor	27 ECTS
- Statistics and systemics review	4 ECTS
- Sports training and optimisation	15 ECTS
- Athlete health	8 ECTS

Semestre 4

- Sport performance internship	26 ECTS
- Sport performance internship	26 ECTS

Contacts

Responsable : Claire Thomas ✉ claire.thomas@univ-evry.fr

Scolarité : Martha Van Der Horst ✉ martha.vanderhorst@univ-evry.fr 01 64 85 34 22

Vous relevez de la FC si vous avez plus de 2 ans d'interruption d'études après votre parcours initial.

✉ fc@univ-evry.fr 01 69 47 71 01