

PAEH Physical Activity, Exercise and Health

- ▶ formation initiale
- ▶ formation continue



Présentation

[Consulter la page du Master 1 sur le site de l'Université Paris-Saclay](#)

[Consulter la page du Master 2 sur le site de l'Université Paris-Saclay](#)

Lieu d'apprentissage principal : Université d'Evry-Val-d'Essonne

Programme

M1 PAEH Physical Activity, Exercise and Health

Semestre 1

- | | |
|---|---------|
| - Physical activity, Health and disease 1 | 19 ECTS |
| - Physical Activity and Health Interventions | 6 ECTS |
| - Exercice Physiology 1 | 5 ECTS |
| - Physical Activity and Disease | 8 ECTS |
| - Materials and Methods for Exercise and Health | 9 ECTS |
| - Materials and methods For exercise and health | 9 ECTS |

Semestre 2

- | | |
|---|---------|
| - Physical activity, Health and disease 2 | 8 ECTS |
| - Exercice Physiology 2 | 8 ECTS |
| - Research and professionnall Interaction | 4 ECTS |
| - Research and Professional Interaction | 4 ECTS |
| - Internship | 20 ECTS |
| - Internship | 20 ECTS |

M2 PAEH Physical Activity, Exercise and Health

Semestre 3

- | | |
|--|---------|
| - Physical activity, health and disease | 13 ECTS |
| - Physical activity and disease | 9 ECTS |
| - Physical activity and health interventions | 4 ECTS |
| - Research and professional interaction | 6 ECTS |
| - Research and professional interaction | 6 ECTS |
| - Material and methods for exercise and health | 8 ECTS |
| - Material and methods for exercise and health | 8 ECTS |

Semestre 4

- | | |
|-----------------------|---------|
| - Project development | 3 ECTS |
| - Project development | 3 ECTS |
| - Internship | 30 ECTS |
| - Internship | 30 ECTS |

Contacts

Responsable : Philippe Lopes ✉ philippe.lopes@univ-evry.fr

Scolarité : Martha Van Der Horst
✉ martha.vanderhorst@univ-evry.fr 01 64 85 34 22